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# Personal Wellbeing - Diabetes and Your Heart

(26176)



## Course Description

This course has been developed to provide learners with an understanding of diabetes, how and why it develops and strategies for managing diabetes or preventing it from developing.



## Learning Outcome

After completing this course, you will have an understanding of:

- diabetes as a condition
- how and why diabetes develops, and
- how to prevent it developing.



## Course Features

- Adaptics - Kineo's unique approach to refresher training
- professional audio
- animation and interactivity
- WCAG 2.0 accessibility
- mobile compatibility
- formative assessments, and
- a certificate of completion.



## Audience and Duration

This course is for anyone who is interested in improving their heart health.

Duration: 15 minutes