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Mental Health in the Workplace

(23933)



COURSE DESCRIPTION

This course raises awareness about the effects of mental health in the workplace. It also provides pathways to improvement that learners can apply in their own workplace.



Learning Outcome

This course will provide an understanding of:

- what mental health conditions are
- the importance of supporting mental health in the workplace
- the challenges of maintaining a mentally healthy workplace, and
- strategies for creating a mentally healthy and safe workplace.



Course Features

- Adaptics
- Assessments
- Certificate of completion
- Interactive activities
- SCORM deployment available
- Video
- Voice Over
- WCAG 2.0 accessible



Audience and Duration

The course has been designed to provide training for managers and supervisors in Australian organisations.

Duration: 35 minutes

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